



# Callaway Connections

**FOSTERING COMMUNITY RELATIONSHIPS TO LAST A LIFETIME**

A publication of Callaway County Special Services

## CCSS Appreciates our Direct Support Professionals

Direct Support Professionals (DSPs) are the heart of everything we do in serving individuals with intellectual and developmental disabilities (I/DD). September 8 - September 14, 2024, was National DSP Recognition Week. We love this week because it gives us an opportunity to recognize and celebrate our DSPs who work hard to support the I/DD community in living the lives they choose as independently as possible. The DSP's role can be physically and mentally demanding. A few of the things DSPs may be called upon to do are personal care, household management, transportation, medication administration, medical care coordination, social skills support, behavioral supports, encouraging healthy eating, recreational pursuits, community inclusion, employment support, advocacy, etc. At the same time, they must keep in mind Individual Support Plan goals. CCSS cannot express enough how grateful we are for the hard work of DSPs and their dedication to serving and making a difference to those with I/DD in our community. To learn more about DSPs, go to <https://nadsp.org>.



## World Cerebral Palsy Day



World Cerebral Palsy Day is celebrated each October 6th “to bring together people living with cerebral palsy (CP), their families, supporters and organizations...all with the aim to ensure a future in which children and adults with CP have the same rights, access and opportunities as anyone else in our society.” From <https://worldcpday.org>.

There are more than 17 million people worldwide living with CP. It is a physical disability that affects movement and posture and can coincide with needs in the areas of vision, hearing, communication, learning, and mobility.

Its impact can range from minor weakness in a hand to almost complete lack of voluntary movement.

There is no cure for CP. It is a disorder, not a disease. The National Institute of Health explains that “is caused by damage or abnormal development in the parts of the brain that control movement. These events can happen before, during, or shortly after birth or in the first few years of life, when the brain is still developing. In many cases the exact cause of cerebral palsy is not known.” The damage that occurs in the brain doesn't get better or worse with age, although it can cause premature aging due to the stress it causes upon the person's body.

To celebrate World CP Day, support and educate others through social media, supporting research, telling your personal story, and wearing green on October 6<sup>th</sup> and telling others why.

From <http://worldcpday.org> and <https://www.nichd.nih.gov/health/cerebra-palsy>

# Recognizing the “Professional” in Direct Support Professional

There has been a nationwide push to recognize the value, standardize training, increase pay, offer more benefits, and give Direct Support Professionals (DSPs) a career path.

The National Alliance of Direct Support Professionals (NADSP) was created by a group of professionals, including John F. Kennedy, Jr. in 1996. NADSP worked with the Department of Labor to develop professional standards and a code of ethics for Direct Support Professionals. They worked to develop a national credentialing program, co-sponsored National Direct Support Professional Recognition Week, hosted a national conference, developed curriculums, among many other things to “elevate the status of direct support professionals by improving practice standards, promoting system reform, and advancing their knowledge, skills and values.”

NADSP offers professional development opportunities for DSPs through its E-Badge Academy, certification, training, curriculum, advocacy, and accredited education. *Information from this article taken from <https://nadsp.org> and <https://thearc.org/policy-advocay/direct-support-professionals>.*



Making a world of difference  
**in people’s lives**

## National Alliance for Direct Support Professionals

# Code of Ethics

### Person-Centered Supports

As a DSP, my first allegiance is to the person I support; all other activities and functions I perform flow from this allegiance.

### Promoting Physical and Emotional Well-Being

As a DSP, I will commit to promote the emotional, physical, and personal well-being of the people I support. I will encourage growth and recognize the autonomy of those receiving support while being attentive and energetic in reducing the risk of harm.

### Integrity and Responsibility

As a DSP, I will support the mission and vitality of my profession to assist people in leading self-directed lives and to foster a spirit of partnership with the people I support, other professionals, and the community.

### Confidentiality

As a DSP, I will safeguard and respect the confidentiality and privacy of the people I support.

### Justice, Fairness and Equity

As a DSP, I will affirm the human rights as well as the civil rights and responsibilities of the people I support. I will promote and practice justice, fairness, and equity for the people I support and the community as a whole.

### Respect

As a DSP, I will respect the human dignity and uniqueness of the people I support. I will recognize each person I support as valuable and promote their value within communities.

### Relationships

As a DSP, I will assist the people I support to develop and maintain relationships.

### Self-Determination

As a DSP, I will assist the people I support to direct the course of their own lives.

### Advocacy

As a DSP, I will advocate with the people I support for justice, inclusion, and full community participation.



*The beliefs and attitudes expressed in the Code of Ethics are a cornerstone of the profession. This Code of Ethics is not the handbook of the profession, but rather a roadmap to assist us in staying the course of securing freedom, justice, and equality for all.*

## A Note from Our Executive Director

### **Understanding and Meeting the Needs of Our Community: A Commitment to Callaway County**

At Callaway County Special Services (CCSS), our mission is to provide the highest quality of support to individuals with intellectual and developmental disabilities (I/DD) in our community. To ensure that our services remain aligned with the evolving needs of those we serve, we have launched a comprehensive Community Needs Assessment. This initiative is a crucial step in gathering feedback that will help shape future programs and ensure that we are meeting the unique needs of our Callaway County citizens.

### **Community Needs Assessment: Your Voice Matters**

Our Community Needs Assessment is designed to collect valuable insights from individuals and families within Callaway County. The feedback we receive will directly influence the development of programs and services that address the current and future needs of our community. To maintain the integrity of this process, we have partnered with TT2 Consulting, an independent research firm, to administer the survey and handle data collection. All responses will be kept confidential, ensuring that participation in the survey will not impact anyone's access to services from CCSS or other providers. We encourage everyone in our community to take part in this important survey, as your input is vital in helping us better serve you.

### **Inclusive Parks: Building a More Inclusive Community**

In addition to our efforts to understand community needs through the assessment, CCSS is proud to have recently contributed to two significant projects that reflect our commitment to inclusivity and accessibility.

#### **Holts Summit Inclusive Park**

In partnership with the City of Holts Summit, CCSS has played a key role in developing a new inclusive park that will serve as a model for accessibility in our region. The project, which involves transforming an existing ADA park into a state-of-the-art inclusive space, represents a \$225,000 investment in the community. CCSS has contributed \$75,000 towards this initiative, featuring a poured-in-place rubber surface, inclusive playground equipment, a shaded area with benches, and a safety fence.

#### **Fulton Sensory Park**

CCSS has also committed \$15,000 to the Leadership Callaway class project to create a Sensory Park in Fulton, Missouri. This park will feature a 75-inch stainless steel mirror-polished sphere as its centerpiece, enhancing sensory experiences for all visitors. The Sensory Park is designed to provide a unique, inclusive environment where individuals of all abilities can engage in sensory-rich activities, furthering our mission of fostering accessibility throughout the community.

### **A Vision for the Future**

As we move forward, our focus remains on understanding and meeting the needs of our community. Through the Community Needs Assessment and our ongoing contributions to inclusive spaces, CCSS is dedicated to ensuring that Callaway County continues to be a place where all citizens can thrive. We invite you to participate in the assessment and support our efforts to create a more inclusive and accessible community for everyone.

Warm regards,

*Mike Lederle*

Executive Director





# CALLAWAY COUNTY SPECIAL SERVICES

## Community Needs Assessment



[HTTPS://WWW.SURVEYMONKEY.COM/R/XFJXPT2](https://www.surveymonkey.com/r/XFJXPT2)

### Apply for Summer Camp Scholarships!

CCSS is accepting applications for scholarships for Wonderland Camp ([www.wonderlandcamp.org](http://www.wonderlandcamp.org)) and Camp Barnabas ([www.campbarnabas.org](http://www.campbarnabas.org)). Camps fill up quickly! If you want to attend camp and need a scholarship, please reach out to your Service Coordinator through Center for Human Services or Janelle Wilson at CCSS. Applications accepted after January 1.

### Special Olympics Basketball

Watch for sign-up dates in January!



Employer Assistance and Resource Network on Disability Inclusion

Offers information and resources to help employers recruit, hire, maintain and advance people with disabilities. <https://askearn.org/>

## International Day of Persons with Disabilities

**Take Action** Disability-Inclusion **Promote Dignity** Ensure Equality **Develop Social Policies**  
**Social Integration** **Empowerment** **Accessible Healthcare** **Inclusive Employment** Advocate

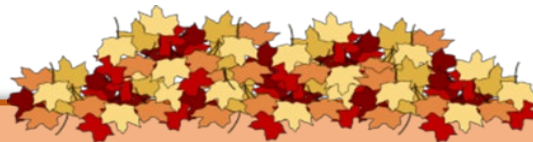
### December 3<sup>rd</sup> – Celebrate International Day of Persons with Disabilities

The International Day of Persons with Disabilities hopes to raise awareness and promote rights in all aspects of life for people with disabilities. More than 1 billion people worldwide experience a significant disability, which is about 16% of the world's population.

Worldwide, people with disabilities typically experience “health inequities”, many of which are avoidable and unjust. Factors that lead to this may be discrimination, governmental policies, lack of access to healthcare, among others.



International Day of Persons with Disabilities  
3 DECEMBER



### Autumn Safety Tips

- ❖ **Prevent the Flu – Consider vaccination. Stay home if you get sick.**
- ❖ **Test and Replace Batteries – Check or replace carbon monoxide and smoke detector batteries.**
- ❖ **Have a Safe Halloween – Wear bright, reflective colors. Do safe, fun activities.**
- ❖ **Wash Your Hands – To help avoid getting sick, wash your hands with soap for at least 20 seconds.**
- ❖ **Plan Ahead – The days are getting shorter, and the weather is getting colder. Plan to be in earlier and watch the forecast.**



WE WELCOME THE COMMUNITY TO THE WOODS!  
LIVE MUSIC, FOOD TRUCKS, DRINKS, VENDORS, YARD GAMES, AND FAMILY FUN.  
BRING A CHAIR OR A BLANKET!

**FIRST FRIDAY**  
of  
**EVERY MONTH**  
**FREE ADMISSION**

**5:00 - 9:00 P.M.**



William Woods University  
Sam Cook Amphitheater

To submit an event email [bnichols@callawaysb40.org](mailto:bnichols@callawaysb40.org)

**UPCOMING  
COMMUNITY EVENTS**

- Oct 4, Nov 1, Dec 6, 5-9 pm **First Friday at The Woods** at William Woods monthly
- Wednesdays 10:30am **Family Story Time** at MO River Regional Library
- Saturdays 10/5-12/28 10-11am **Community Yoga Class**-Sangha Yoga Club (free or donation)
- 10/5 **Auxvasse All-Town Garage Sale**
- 10/5 8a-4p **Hatton Craft Day** - 3775-3783 State Hwy M, Auxvasse, MO 65231
- 10/9 2-3pm **Adult Craft & Hobby Hour**-Callaway County Public Library
- 10/10 4-5pm **Adult Craft & Hobby Hour**-Holts Summit Library
- 10/17 4-7pm **Cider & Sweaters** – Brick District
- 10/19 **Centralia Pumpkin Fest**
- 10/19-20 **Central MO Renaissance Festival** - Kingdom City
- 10/31 **Trick or Treating on the Bricks**
- 12/8 3-4pm **Christmas Parade** – Auxvasse
- 11/30-12/31 **Capital City Festival of Lights**-select days – Jefferson City

**FIND FREE FOOD  
DISTRIBUTIONS NEAR YOU**

- Serve, Inc. in Fulton** – Monday, Wednesday, and Friday 9:00-12:00 PM
- Shiloh UMC in Holt Summit** - 2nd Thursday of the month from 1:00-3:00 PM
- AmVets in Mokane** - 2nd Thursday of the month from 12:00-1:30 PM
- Pleasant Grove UMC in Hatton** - 3rd Thursday of the month from 1:00-2:30 PM
- New Testament Church in Auxvasse** - 3rd Thursday of the month (need to call to get on a list, most of these get delivered to seniors, but could also be picked up)
- Open Table** - Monday-Thursday 5-6pm – free meals offered twice weekly at the Community Center

**Fall Recipe to Try**

**Pumpkin Whip** From: *Taste of Home*



Prep Time 20 minutes, Servings 6

**Ingredients**

- ✓ 1 package (3.4 oz.) instant butterscotch pudding mix
- ✓ 1-1/2 cups cold milk
- ✓ 1 cup canned pumpkin
- ✓ 1 teaspoon pumpkin pie spice
- ✓ 1-1/2 cups whipped topping
- ✓ Gingersnaps, optional

**Directions:** Mix together pumpkin, spice and milk. Add pudding and beat for 2 minutes. Fold in Cool Whip. Refrigerate. May serve with ginger snaps.

**Nutrition Facts**

2/3 cup: 153 calories:  
4g fat, 5mg cholesterol, 288mg sodium, 25g carbohydrate (20g sugars, 1g fiber), 2g protein.

CCSS Celebrates DSP Week



MAY YOU BE PROUD  
 OF THE WORK YOU DO  
 THE PERSON YOU ARE  
 AND THE DIFFERENCE  
 YOU MAKE

"PEOPLE WILL FORGET  
 WHAT YOU SAID,  
 PEOPLE WILL FORGET  
 WHAT YOU DID,  
 BUT PEOPLE WILL  
 NEVER FORGET HOW  
 YOU MADE THEM FEEL."  
 — MAYA ANGELOU



We are not  
**A TEAM**  
 because we  
 work together.  
**WE ARE**  
 a team because  
*We respect,  
 trust, and care  
 for each other.*



# Fall Word Search

FALL

AUTUMN

LEAVES

HARVEST

PUMPKIN

HALLOWEEN

THANKSGIVING

FOOTBALL

SWEATER

APPLE CIDER

SCHOOL

ACORN

ORANGE

YELLOW

BROWN

S P O R B S Y L E A V E S U A  
 N T A R D R H G H T E R W O P  
 U H T P C I O E A S M P E N P  
 L A L H E H G W A C O V R P L  
 J N N I O R A I N H R E C I E  
 U K P E C R S R I O I L F C C  
 P S N S R E O E V S E T O E I  
 R G R O N C H A T E S A O X D  
 O I C I A S O R S O S Y T T E  
 T V R U L R O A T S E T B T R  
 R I A G L E L A T E G N A R O  
 A N Y P U M P K I N R E L Y T  
 W G O N E R O D H L E H L B F  
 O Y N E M A U T U M N D R A A  
 L H S W E A T E R M O C R B L  
 L S K O O B A C V J B R N N L  
 E O S E M N E E W O L L A H L  
 Y A C K P S C H O O L A P O P

ONESTOPWORDSEARCH

## Just for Grins

Why didn't Dracula have any friends? *Because he was a pain in the neck!*

Which side of the turkey has the most feathers? *The outside!*

What's red and white, red and white, red and white? *Santa rolling down a hill!*



## October – National Disability Employment Awareness Month

Theme: Access to Good Jobs for All #NDEAM

For resources and information: <https://www.dol.gov/agencies/odep/initiatives/ndeam> or <https://disability.mo.gov/NDEAM.htm>

# YOU ARE INVITED TO A Halloween Dance

DJ JAY FROM COLOSSAL SOUNDS WILL BE PROVIDING MUSIC! SNACKS AND REFRESHMENTS WILL BE SERVED. FROM 5-6 WE WILL HAVE A SENSORY HOUR FEEL FREE TO WEAR YOUR HALLOWEEN COSTUMES



PLEASE REGISTER BY SCANNING THE QR CODE  
CONTACT TARA O'SHEA AT (573)592-3192  
IF YOU HAVE ANY QUESTIONS WITH REGISTRATION

5:00 PM - 8:00 PM

NOVEMBER 1, 2024

LEGENDS REC-PLEX 808 STATE STREET  
FULTON, MO 65251



**CENTER FOR HUMAN SERVICES**  
Life Beyond Limitations



## We need your input!



Complete the Callaway County Health Department  
Community Survey today!



**SCAN HERE!**

The Callaway County Health Department needs your help identifying service gaps and community needs.

Your input will help us improve the health of you and your community.